

**Aims (Learning outcomes) and reflections:**

| Date       | Topics                  | Aims (Learning outcomes)   | Reflections  |
|------------|-------------------------|--|--|
| 28.02.2011 | <b>Learning at work</b> | <p>How learning at work has to be understood?</p> <p>=&gt; Discussions &amp; demonstrations</p> <p>-) Several problems (e. g. different mentalities)</p> <p>-) Important: sharing experiences with colleagues</p> <p>-) Working together / sharing experiences (also in free time)</p> <p>-) More practical experience would be helpful for the whole education!</p> <p>-) Suggestion: fixed practical time for the second part of the study</p> | <p>This was Sonja's and my first day at Haaga-Helia University in Helsinki we were quiet nervous.</p> <p>But this was baseless – we met very nice and great colleagues in this English group.</p> <p>We discussed a lot about how learning at work could be understood.</p> <p>We found out that discussions / meetings, simply talking and listening to each other etc. could help not only to solve but also to avoid problems.</p> <p>We saw pretty good demonstrations how our colleagues interpret "Learning at work".</p> <p>Furthermore we discussed the Austrian education system both for teachers and students.</p> <p>As it's rather different to the Austrian one it came up a lively discussion.</p> <p>Finally we also need to mention that our colleagues did good practice as they warmly welcomed us in that group (e. g. they showed us the cafeteria and the dining hall etc.).</p> |

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| <p>01.03.2011</p> | <p><b>Guidance &amp; counselling</b></p> | <p>How to lead good conversation? (Discussion with all students – What’s their opinion? What’s in accordance with the standard?) =&gt;<br/>Some facts to be discussed:</p> <ul style="list-style-type: none"> <li>-) Most important thing: DON’T INTERRUPT!</li> <li>-) Each person produces its own life.</li> <li>-) Reflection and awareness are two important concepts!</li> <li>-) Relationship counselor is safe.</li> <li>-) Empathic attunement</li> <li>-) Mindfulness</li> <li>-) Conceptual mapping</li> <li>-) Active engagement</li> </ul> | <p>This was a completely new topic for us – as in Austria a similar system isn’t available.</p> <p>We got some interesting material concerning Guidance and counselling for reading and Heikki Pasanen – our guest speaker – gave us an understanding of that interesting task.</p> <p>One main fact we found out is the following: Different mentalities sometimes live worlds apart.</p> <p>Guidance and counseling mean active engagement of both – counsellor and client – as well as a trustful relationship between them. It’s a hard and work-intensive job to take that seriously.</p> |
| <p>02.03.2011</p> | <p><b>Language didactics</b></p>         | <p>Sharing experiences with native speakers concerning language didactics.</p> <p>Discussion about different learning and teaching methods.</p> <p>Interesting learning materials (internet, literature etc.)</p>   | <p>David Mauffret presented some interesting facts about CLiL, ELP, CEFR and ELPiPL (e. g. in Finland different lessons – math, sports, musical education – have already been taught in English language).</p> <p>The colleagues of our group exchanged experiences concerning different learning methods – we heard lots of useful internet links for example NHS.UK, Macmillan Dictionary, TED, BBC Learning English, One Stop English, Puzzlemaker and so on.</p>   |